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INFORMATION DISCLOSURE STATEMENT BY APPLICANT

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Complete if Known

Application Number	09/856,277
Filing Date	August 20, 2001
First Named Inventor	Peter Josef Leo HESPEL
Group Art Unit	1616
Examiner Name	Sharmila S. Gollamudi
Attorney Docket Number	702-010802

Sheet. 2 of 2

OTHER PRIOR ART - NON PATENT LITERATURE DOCUMENTS

Examiner Initials*	Cite No. ¹	Include name of the author (in CAPITAL LETTERS), title of the article (when appropriate), title of the item (book, magazine, journal, serial, symposium, catalog, etc.), date, page(s), volume-issue number(s), publisher, cite and/or country where published.	T ²
<i>Handwritten initials</i>	7	S. BERMON et al., "Effects of creatine monohydrate ingestion in sedentary and weight-trained older adults"; <i>Acra Physiol Scand</i> 1998, 164, 147-155 - XP-002101316 ✓	
<i>Handwritten initials</i>	8	JAN HENRIKSSON "Effect of training and nutrition on the development of skeletal muscle"; <i>Journal of Sports Sciences</i> , 1995, 13, S25-S30 - XP-002101315 ✓	
<i>Handwritten initials</i>	9	HEINANEN ET AL.; "The effect of long-term creatine and guanidinoacetate supplementation on muscle"; University Central Hospital of Turku, and Children's Hospital, Heisinki, Finland XP-002101312 (Abstract) ✓	
<i>Handwritten: Not included</i>	10	SINCLAIR ET AL.; "Creatine supplementation and age influence muscle metabolism during exercise"; <i>J. Appl. Physiol.</i> 85(4): 1849-1856; 1998; XP-002101311 ✓	
<i>Handwritten initials</i>	11	DA MAHANNA ET AL.; "Effects of β-guanidinopropionic acid on murine skeletal muscle"; <i>Experimental Neurology</i> 68, 114-121, pp. 114-121; XP002101313 ✓	
<i>Handwritten initials</i>	12	WYSS ET AL.; "The therapeutic potential of oral creatine supplementation in muscle disease" 1998, pp. 333-336; XP-002101314 ✓	
	13	DERAVE ET AL. "Combined creatine and protein supplementation in conjunction with resistance training promotes muscle GLUT-4 content and glucose tolerance in humans" <i>J. Appl Physiol</i> 94: 1910-1916; 2003	
<i>Handwritten: Not included</i>	14	PETER HESPEL ET AL.; "Oral creatine supplementation facilitates the rehabilitation of disuse atrophy and alters the expression of muscle myogenic factors in humans" <i>Journal of Physiology</i> (2001), 536.2, pp 625-633	

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